

Lunch Menu October



Monday 10/4	Tuesday 10/5	Wednesday 10/6	Thursday 10/7	Friday 10/8
Grab & Go Breakfast	Grab & Go Breakfast	Grab & Go Breakfast	Grab & Go Breakfast	Grab & Go Breakfast
Mac&Cheese	Nachoes/Beef/Cheese	Pizza Sub	Mini Corn Dogs	Pizza Wrap or Pizza Sub
Tomato Soup	Refried Beans	Fresh Cauliflower	Baked Beans	Fries
Strawberries	Grapes	Blueberries	Mixed Fruit	Apple
Milk	Milk	Milk	Milk	Milk
No School!	Tuesday 10/12	Wednesday 10/13	Thursday 10/14	Friday 10/15
	Sausage Sandwich	Grab & Go Breakfast	Sausage Gravy/Biscuit	Grab & Go Breakfast
	Chicken Fajita Wrap	Bcn Ched Dog/w Sauce	Chicken & Noodles	Homemade French Bread Pizza
	Steamed Broccoli/Carrot Coin	Steamed Carrots/Peas	Mashed Potatoes/Green Bns	Steamed Broccoli/Ciflr
	Homemade Apple Crisp	Watermelon/Cantaloupe	Fresh Fruit Salad	Strawberries/Grapes
	Milk	Milk	Milk	Milk
Monday 10/18	Tuesday 10/19	Wednesday 10/20	Thursday 10/21	Friday 10/22
Grab & Go Breakfast	Ham & Egg McMuffin	Grab & Go Breakfast	Bacon/Eggs/Hashbrown	Grab & Go Breakfast
<small>Breakfast for Lunch!</small>				
Sausage Gravy/Biscuits	Quesadilla with Beef/Cheese	Italian Wrap	Salsbury Steak/Roll	Meatball Sub
Hashbrowns	Fresh Salsa Veggie Mix	Lettuce/Tomato/Onion	Msh Pot/Gravy/Green Beans	Sweet Potato Fries/Corn
Melons	Grapes/Pears	Strawberries	Cooked Apples & Pears	Peaches
Milk	Milk	Milk	Milk	Milk
Monday 10/25	Tuesday 10/26	Wednesday 10/27	Thursday 10/28	Friday 10/29
Grab & Go Breakfast	Bacon Sandwich	Grab & Go Breakfast	Sausage/Eggs/Hashbrown	Grab & Go Breakfast
Bosco Cheese Sticks/Sauce	Chicken Nugget Wrap	Spaghetti/Roll	Sliced Turkey/Roll	Loaded Fries/Beef/Cheese
Sweet Potato Puffs/Broccoli	Chopped Lettuce/tomato	Peas & Carrots/Stm Broccoli	Mshd. Potatoes/Gravy	Bread Stick
Melon Mix	Steamed Carrots/Pear	Fresh Citrus Salad	Banana	Fresh Fruit Salad
Milk	Milk	Milk	Milk	Milk

Grab N Go Breakfast (Includes at least 3 of the following: Grain, Meat/Meat Alternate, Fruit, Juice, Vegetable, 1% White, or Fat Free Flavored Milk.)

This institution is an equal opportunity provider.