

Eastern Local Schools Lunch Menu October 2018

Monday					Tuesday					Wednesday					Thursday					Friday				
1					2					3					4					5 Waiver				
Cereal-					Banana Muffin					Bfst Slider					Cheese Stick & Yogurt									
Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum									
Cheeseburger/Bun					Popcorn Chicken/Breadstick					Mini Ravioli/Roll/Butter					Chicken Patty/Bun									
Corn/Fresh Broccoli					Bkd Beans/Salad (Lettuce,Spinach, Tomato,Crts.)					Steamed Broccoli/Fresh Carrots/Celery					Sweet Potato Fries/Limas									
Banana/Apple/Nectarine/Plum/St rawberries					Banana/Apple/Nectarine/Plum					Banana/Apple/Nectarine/Plum/ Watermelon					Banana/Apple/Nectarine/Plum									
Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar									
8					9					10					11					12				
Cereal-					Mini Donuts					Sausage Gravy Pizza					Cheese Stick & Yogurt					Chocolate Muffin				
Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum				
Calzone					Chicken Nuggets/Breadstick					Spaghetti/Meat Sauce/Roll					Chkn Burrito/Sauce/Cheese					Big Daddy's Pep. Pizza Wedge				
Steamed Carrots/Green Beans					Baked Beans/Limas					Salad(Let/Tom/Sp/Car) / Steamed Broccoli					Refried Beans/Corn Watermelon					Salad(Let/Tom/Sp/Car) / Carrots & Celery Sticks				
Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum					Apple/Banana/Peach/Plum				
Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad				
15					16					17					18					19				
Cereal-					Ultimate Breakfast Round					Pancake Sausage on a Stick					EZ Jammer Sandwich					Triple Berry Muffin				
Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum				
Hot Dog/Sauce/Bun					Mac & Cheese					Sweet & Sour Chicken/BrdStk					Chkn & Noodles/Roll					Hot Pocket (Turkey/Ham Cheese)				
Fries/Sweet Potato Puffs					Tomato Soup					Sweet & Sour Cup					Mashed Potatoes					Sweet Potatoes				
					Salad (Lettuce,Spinach, Tomato,Crts.)					Steamed Peas					Green Beans					Salad (Lettuce,Spinach, Tomato,Crts.)				
										Fried Rice w Stir Fry Veggies					Watermelon									
Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum					Apple/Banana/Nectarine/Plum				
Pizza/Chef & Ceasar Salad					Pizza/Chef & Ceasar Salad					Pizza/Chef & Ceasar Salad					Pizza/Chef & Ceasar Salad					Pizza/Chef & Ceasar Salad				
22					23					24					25					26				
Cereal-					Chocolate Muffin					Bfst Slider					Ultimate Breakfast Round					Glazed Donut				
Assorted Fresh Fruit					Assorted Fresh Fruit					Assorted Fresh Fruit					Assorted Fresh Fruit					Assorted Fresh Fruit				
Popcorn Chicken/Breadstick					Calzone					Turkey Gravy/Roll					Chicken Patty/Bun					Big Daddy's 4 Chse or Buffalo				
Bkd Beans/Salad (Lettuce,Spinach, Tomato,Crts.)					Steamed Carrots/Green Beans					Mashed Potatoes/Steamed Broccoli					Sweet Potato Fries/Limas					Salad(Let/Tom/Sp/Car) / Carrots & Celery Sticks				
Assorted Fresh Fruit					Assorted Fresh Fruit/Peach Cup					Assorted Fresh Fruit/Slcd Pchs					Assorted Fresh Fruit					Assorted Fresh Fruit/Slcd Pears				
Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar					Chicken Nuggets/Chef/Caesar				
29					30					Halloween!!!!!!!														
Cereal-					Mini Donuts					Pancake Sausage on a Stick														
Assorted Fresh Fruit					Assorted Fresh Fruit					Assorted Fresh Fruit														
Cheeseburger/Bun										<i>Transylvania Stake/Graveeeee/ROLL over in your Coffin</i>										Menu is subject to change. Fat Free and 1% Milk offered Daily for Breakfast and Lunch. Cereal, Juice, and Fruit offered Daily for Breakfast. This Institution is an Equal Opportunity Provider.				
Corn/Fresh Broccoli					Popcorn Chicken/Breadstick					<i>Tombstone Roasted Potatoes Children of the CORN</i>														
Assorted Fresh Fruit					Assorted Fresh Fruit					<i>SLICED PEARS</i> 										Ranch/French/Italian Dressings/Salsa/Sour Cream/Marinara Sauce/Ketchup/Mustard/BBQ Offered Daily				
Applesauce					Sliced Peaches					<i>Halloween Treat</i>														
Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad					Bosco/Chef & Ceasar Salad														