

April Menu 2019				
1	2	3	4	5
Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup
Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/
Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut
French Toast Sticks	Double Chocolate Chip Muffin	Biscuit/Sausage Gravy @ HS Breakfast Pizza at Elementary	Breakfast Pizza at High School Biscuit/Sausage Gravy at Elem.	Sweet Potato Chocolate Chip Muffin
Double Cheese Burger/Bun	Beef and Cheddar Nachos/Breadstick	Pork Chop Patty/Roll or Bun	Salisbury Steak/Roll	Pizza Pockets and or Fish on Bun
Fries	Mexican Rice	Steamed Broccoli	Mashed Potatoes/Gravy/Sweet Potato	Salad/Steamed Carrots
Asparagus	Salad- Shredded Lettuce/Tomato	Green Beans	Citrus Salad	Sliced Peaches
		Roasted Sunflower Kernals		Roasted Sunflower Kernals
Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup
8	9	10	11	12
Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup
Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/
Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut
Pancake Sausage on a Stick	Glazed Donut	Sausage/Scrambled Eggs/French Toast Sticks at High School/ Breakfast Sandwich at Elem/Mid.	Sausage/Scrambled Eggs/French Toast Sticks at Elem/Mid. - Breakfast Sandwich at HS.	Mini Cheese Burgers for Breakfast
Pork BBQ on Bun	Chicken Nuggets/Breadstick or Buffalo Chicken Crescent	Country Fried Steak and Gravy/Roll	Beef and Cheddar Nachos	Fish on Bun or Mini Calzones
Cole Slaw	Peas	Mashed Potatoes	Salad	Fries
Steamed Broccoli	Sweet Potato Fries	Corn	Fresh Carrot Sticks	Baked Beans
	Mandarin Oranges		Citrus Salad	
Roasted Sunflower Kernals				Roasted Sunflower Kernals
Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup
15	16	17	18	19
Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Break
Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	
Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	
Mini Waffles	Biscuit/Sausage Gravy @ HS Breakfast Pizza at Elementary	Breakfast Pizza at High School Biscuit/Sausage Gravy at Elem.	Pepperoni and Cheese Jammer Sticks	
Homestyle Chili and Grilled Cheese	Broccoli and Cheese Soup with Bosco Sticks	Chicken & Noodles/Roll	Cheese Burger Mac with Breadstick	
Fries	Salad	Mashed Potatoes	Tomato Soup	
Fresh Carrot Sticks	Fresh Broccoli	Green Beans	Fresh Carrot Sticks	
	Pineapple Chunks	Cinnamon Apples	Mandarin Oranges	
Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	

22	23	24	25	26
Break	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup
	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/
	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut
	Turkey Sausage Breakfast Scramble	Bacon/Scrambled Eggs/Pancakes at High School/ Breakfast Tornados at Elem/Mid.	Bacon/Scrambled Eggs/Pancakes at Elem/Mid School / Breakfast Tornados at HS.	Double Chocolate Chip Muffin
	Tangerine Chicken with Breadstick	Breaded Pork Chop and Roll	Rotini with Meat Sauce and Garlic Bread	Fish on Bun or Stromboli
	Fried Rice	Mashed Potatoes	Green Beans	Fresh Carrots
	Steamed Broccoli	Baked Beans	Sweet Potato Fries	Fresh Spinich Salad
	Fortune Cookie	Sliced Peaches		Mandarin Oranges
	Roasted Sunflower Kernals			
	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup
29	30	1		
Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup	Apple/Banana /Juice/ Fruit Cup		
Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/	Choice: Cereal/Yogurt/Chs Stick/		
Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut	Muffin/2 Cookies/Cereal Bar/Donut		
Pancake Sausage on Stick	Breakfast Pizza at High School Biscuit/Sausage Gravy at Elem.	Biscuit/Sausage Gravy @ HS Breakfast Pizza at Elementary		
Mini Corn Dogs	Pork Rib Patty with BBQ on Bun	Philly Steak Hogie		
Tomato Soup	Cole Slaw	Fries		
Peas	Corn	Carrot Sticks		
	Cinnamon Apples			
Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup	Apple/Banana /Juice/Slushie/Fruit Cup		
Fresh Chicken and Chef Salads served Daily as an option to the Entree. High School may place salad orders with the High School Kitchen to insure availability.	Menu is subject to change. Fat Free and 1% Milk offered Daily for Breakfast and Lunch. Cereal, Juice, and Fruit offered Daily for Breakfast. This Institution is an Equal Opportunity Provider.	Cook's Choice Alternate Entrees are made available daily as an option to to scheduled Entree.		
	Ranch/French/Italian Dressings/Salsa/Sour Cream/Marinara Sauce/Ketchup/Mustard/BBQ, Sweet & Sour, Humus,Maple Syrup,Offered Daily			